



NEW HAMPSHIRE COUNCIL ON  
DEVELOPMENTAL DISABILITIES

## 5 Year State Plan for 2017-2021

### Goals and Objectives

#### **Goal 1: Children, Youth and Families who experience ID/DD\* will receive timely, quality supports in inclusive and welcoming environments.**

Objective 1: Help build stronger relationships with policy makers and engage in legislative and administrative advocacy. Support promising initiatives and trainings in best and promising practices to become stronger advocates for better policy.

Objective 2: Provide support and education in best and/or promising practices for individuals ages 0-21 in early supports and services, education, transition planning, and address possible service gaps for those ages 18-21.

#### **Goal 2: Support and promote greater opportunities for inclusion through meaningful, competitive employment, friendships and relationships, recreation and other social activities, increased choice of transportation and housing.**

Objective 1: Increase opportunities for and awareness of vocational training, competitive employment, expanded work hours and increased career options.

Objective 2: Support the development or improvement of community based programs, policies and practices that promote inclusion of people with ID/DD in all aspects of community life.

Objective 3: Support initiatives that offer choice for education, help build relationships including friendships, intimate relationships and family dynamics.

#### **Goal 3: Promote and improve self-determination activities for people with ID/DD to lead meaningful lives through increased control over all aspects of their lives.**

Objective 1: Promote and strengthen independent advocacy by individuals with ID/DD by supporting self-advocacy organizations and activities led by people with disabilities.

Objective 2: Work to increase awareness about, and access to, health education, nutrition and physical activity initiatives for adults with ID/DD living in the rural counties of Belknap, Carroll, and Coos.

Objective 3: Promote and strengthen best and emerging practices related to supports for individuals who experience ID/DD with co-occurring mental health/behavioral needs.

**Goal 4: Individuals with ID/DD, families, and caregivers will have increased access to quality services in the home and community.**

Objective 1: Support the establishment of outcome measures that define and measure the adequacy, quality, and access to medical and/or behavioral services in the state's developmental services system. Support system change efforts designed to improve quality, prevent abuse and make services more flexible and responsive to individual needs.

Objective 2: Provide support through education and training to direct support providers who assist individuals who experience ID/DD, including Paraprofessionals, Direct Support Professionals, Caregivers, and families be they paid or unpaid.

Objective 3: Collaborate and communicate with Medicaid Managed Care Organizations to support and ensure that all covered services and support for individuals who experience ID/DD and have coverage through Medicaid Managed Care are accomplished in a respectful, timely, positive manner.

\* Intellectual/Developmental Disabilities